

FAMILY BREAKFAST GROCERY LIST

SEASONING

- SALT
- BLACK PEPPER
- CINNAMON
- NUTMEG
- VANILLA EXTRACT
- HONEY
- SUGAR
- MAPLE SYRUP
- BUTTER
- BAKING SODA

VEGETABLES

- POTATOES
- ONIONS
- BELL PEPPERS
- TOMATOES
- SPINACH
- MUSHROOMS
- CARROTS
- ZUCCHINI
- AVOCADOS
- LETTUCE

FRUITS

- APPLES
- BANANAS
- ORANGES
- STRAWBERRIES
- BLUEBERRIES
- GRAPES
- PINEAPPLE
- KIWI
- LEMONS
- RASPBERRIES

BAKERY

- WHOLE WHEAT BREAD
- BAGELS
- CROISSANTS
- MUFFINS
- DONUTS
- BAGUETTES
- CIABATTA
- MULTIGRAIN BREAD
- RUSK
- BRAN BREAD

DAIRY & EGG

- MILK
- BUTTER
- CHEESE
- EGGS
- YOGURT
- CREAM
- CREAM CHEESE
- COTTAGE CHEESE
- GREEK YOGURT
- SOUR CREAM

