



## DAILY ESSENTIALS GROCERY LIST

### SEASONING

- Salt
- Pepper
- Red Chili Powder
- Turmeric Powder
- Cumin
- Bay Leaf
- Cinnamon

### VEGETABLES

- Potatoes
- Onions
- Tomatoes
- Carrots
- Garlic
- Ginger
- Green Chili

### RICE & FLOUR

- Basmati Rice
- Wheat Flour
- Brown Rice
- Maize Flour
- Baking Soda
- Jasmine Rice
- Oat Flour

### DAIRY & EGGS

- Milk
- Yogurt
- Butter
- Cheese
- Eggs
- Cream
- Paneer

